



ATHLETICS

Central Christian Academy

2025-2026

Athletic/Activities Handbook

Psalm 105:4 "Look to the Lord and his strength; seek his face always."

Welcome to CCA Athletics

At Central Christian Academy, we believe athletics is more than just a game or a sporting event. Athletics are an important partner to the educational curriculum here at CCA. Athletics provide opportunities to learn how to be dependable, disciplined, and courageous. The courageous aspect is a trait I hope all CCA athletes develop the most.

Overall, athletics provide opportunities that are difficult to duplicate. God uses everything in our lives for His purpose, including athletics, and we are commanded to “do everything as unto the Lord,” Col. 3:23. In fact, I believe athletics can be very important in the overall development of our Christian young men and women.

Athletics are completely voluntary, and the opportunity to be involved is extended to all students, as long as they are willing to assume the responsibilities outlined in this handbook and by their coaches. Please read carefully, and remember, if questions arise, my door is always open.

In Christ,

Tyler Busenitz
CCA Athletic Director
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Phil. 3:14 “I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

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I. PHILOSOPHY OF ATHLETICS

Christians are commanded to be different from the world around them and this includes athletics (Isaiah 55:8-9). The reason is that we have a different perspective from which to work. Jesus Christ is to be the center of all our attention, both on and off the athletic field. We are to have His attitudes, actions, and mental set (Phil. 2:5, Romans 8:29). We are to do everything as unto the Lord and not as unto men (Col. 3:23).

In other words, we are to be as Christ-like as we can with the Holy Spirit's help, and we are to perform as if Jesus were the only one watching. Jesus loved us so much that He gave Himself up for us (Phil. 2:8). It is only natural then that we should give all we have to Him in return.

Being like Christ takes work. You need to study Scripture and rely on the Holy Spirit to guide you. Remember, however, you are developing eternal values!

Here are some character qualities we want all of our athletes to have. These are all Scripturally based. Work on them through study, practice, and prayer.

- **Dependability** - Be at all practices and contests unless excused by your coach. Do what is expected of you in all situations.
- **Punctuality** - Be on time, never late!
- **Love** - Be self-sacrificing and show a real concern for team members, coaches, and opponents. Remember, Christ centered His love upon others, not Himself.
- **Enthusiasm** - Take an interest in every part of your sport and be glad to quickly carry out every part of the job. (I Thess. 5:16)
- **Faith** - Show that you know the Lord is in control of all circumstances and that He is carrying out His will in your life. (Hebrews 11:1).
- **Humility** - Show forth the attitude that God is the one responsible for your abilities, talents, and success.
- **Endurance** - You must be able to withstand stress, hard work, and the problems that all Christian athletes experience. (Gal. 6:9)
- **Boldness** - Be ready to boldly express what Jesus Christ has done for you. The Christian athlete cannot be one who is timid or gives up. (Acts 4:29)
- **Obedience** - Jesus was always obedient to His father's will. We need to be obedient both to the Lord and to those whom He has put in authority over us. Show us that you believe this! (II Cor. 10:5)
- **Diligence** - Use all your strength and ability to complete each part of your task whether in practice, in a game or anywhere else. (Col. 3:23)
- **Responsibility** - Athletes need to do everything that is expected of them. Coaches need to know that athletes are capable of doing things without direct supervision. Take the initiative to work and make intelligent decisions.
- **Determination** - Make up your mind you will accomplish God's goals in His time, regardless of the opposition. (II Timothy 4:7)
- **Joyfulness** - Show that your relationship with Christ means something wonderful to you.
- **Confidence** - Athletes should know that they can be winners in God's sight as they totally give all they have to Jesus.
- **Intensity** - Give everything you have at all times focusing your total attention upon the job at hand and putting forth your every effort to complete it perfectly.

II. ATHLETIC/ACTIVITIES PROGRAMS

Fall Season

Winter Season

Spring Season

5th Grade

Fall

Volleyball (5/6 League) (Girls)

Winter

Basketball (5/6 League)

6th grade

Fall

Volleyball (5/6 League) (Girls)

JH Volleyball (Girls)*

JH Soccer (Boys)

Winter

Basketball (5/6 League)

JH Basketball*

Bowling

Spring

JH Soccer (Girls)

Junior High School

Fall

Cross Country

Cheerleading (Girls)

Soccer (Boys)

Volleyball (Girls)

Robotics

Winter

Basketball

Cheerleading (Girls)

Bowling

Quiz Bowl

Spring

Track and Field

Soccer (Girls)

High School

Fall

Cross Country

Cheerleading (Girls)

Soccer (Boys)

Volleyball (Girls)

eSports

Robotics

Winter

Basketball

Bowling

Cheerleading (Girls)

Scholars Bowl

Spring

Track and Field

Soccer (Girls - Co-op)

Forensics

Swimming (Girls - Co-op)

* On tryout basis if needed

All JH and HS players who try out for a sport will make a team. Sports, such as Basketball and Volleyball, may need to have more than one team depending on student participation. All teams will have a schedule of games with other schools. It is likely that the teams will not have the same number of games on the schedule. Players will be selected for each team based on a comprehensive evaluation by the coach, assessing both a player's skills and attitude. The Athletic Director will instruct the coaches for each team on these policies each year. Our goal is to be consistent each year.

KSHSAA Co-op Agreements - CCA partners with Classical School of Wichita in girl's high school soccer and swimming. This allows our students interested in these sports to participate. Student-athletes who participate in these cooperative agreements must understand that these sports are governed by the hosting school. CCA's cooperative agreements will expire at the end of the 2026-27 school year. For more information on cooperative agreements, please visit this link. [COOPERATIVE SPONSORSHIP OF AN ACTIVITY](#)

KSHSAA SB 113

CCA does not allow students to participate in athletic or co-curricular activities at another school if CCA offers the sport or activity. Through the passage of Senate Bill 113, the State of Kansas now allows homeschool and non-public school students to participate in athletics and activities at the public school associated with their home address. This process is governed by the Kansas State High School Activities Association and has several rules and regulations associated with it. Please contact the Athletic Director for more information.

III. GUIDELINES & RULES

The following rules are in effect for **all** sports:

- No use of drugs, alcohol, or tobacco at any time. Proven use constitutes expulsion from the team for the remainder of the season.
- Fighting will not be permitted under any circumstances. This includes fighting with teammates or opponents. Those involved may be removed from the team, depending on the severity of the event.
- Attendance at all games and practices is mandatory except in the case of illness or if permission has been given by the coach

for an excused absence.

- Any improper or questionable language will not be permitted. (I Thess. 5:15, Prov. 15:1) Improper areas include: swearing, boasting, and disrespect to officials, players, or coaches.
- Athletes that display behavior or use language in a game or practice that is not consistent with the expectations of CCA may have consequences both athletically and as a student. Our athletes are expected to be kind, considerate, and polite to all those with whom they come in contact, especially with opponents, officials, and fans.
- CCA will follow KSHSAA guidelines regarding eligibility and behavior consequences.
- Coaches should be notified (by parents) before 11:00 a.m. when a student will be gone from practice or a game. Coaches will handle tardiness to practice or games.
- No student will be allowed to participate in a game or cheer, on a day in which they were not at school due to an illness. Students must arrive at school on a game day prior to 11:00 a.m. to be eligible for the game(s) that day. If the dismissal time for any athletic event is prior to 11:00 a.m. students are expected to be at school at the start of the school day unless permission is given by the Athletic Director. Any exceptions must be approved by the Athletic Director.
- Students who wish to participate in more than one sport during a season must meet all of the requirements outlined in the [Dual Sports Agreement](#).

IV. PARENT RESPONSIBILITIES & EXPECTATIONS

The CCA Administration and Athletic Department seek the best possible experience from participation in our athletic program for each student. We, therefore, expect the following from our parents:

- Be present at the parent meeting prior to the first contest. Often, coaches will review team rules, expectations, opportunities for involvement, and communication guidelines.
- Be positive at the games or contests and in your conversations with other parents. Bad-mouthing the referees during games is unacceptable. Be a positive Christian witness to other parents, other schools, and officials.
- Be a responsible parent in seeing to it that your son or daughter is at all practices and games **on time**. Make sure all forms are filled out in a timely manner and that your son or daughter has the proper physical examination **before** the first practice.
- Be a helpful parent. Volunteer to drive players to games, take admissions at games, decorate lockers, and help during the games. Any parent who volunteers to drive must complete a successful background check and submit the following: signed Brotherhood Mutual Form, copy of current Driver's License, and copy of current Auto Insurance card.
- Be responsible for your younger children during athletic contests. Children should not be allowed to roam free during our home and away games. Please keep them with you and under control.
- Be supportive of our coaches and our program. If a problem arises, we expect the student-athlete to visit with the coach first and try to solve the problem and get the coach's perspective on the problem. The administration should be contacted if a solution is not worked out between the two parties. (Matthew 18 Principle) **Please do not confront a coach or player before, during, or after a game.** Parents are asked to wait until the day following a game to contact the coach if frustrations arise.
 - Communication Tree
 - Step 1: Student and Coach meet
 - Step 2: Student & Parent meet with Coach
 - Step 3: Student & Parent meet with Coach & Athletic Director

Failure to meet these responsibilities and expectations may disqualify a parent from attending games.

V. PARTICIPATION FEES

Participation fees are essential to help fund the cost of athletics including transportation to athletic events, game officials, tournament entry fees and supplementary equipment and supplies. The following are the Fees applicable per level:

Activity	Level	Fee
Intramural Sports	5th/6th grades	\$80 per sport
Sports	Junior High (7/8 th grades)	\$185 per sport
Sports	High School (9-12 th grades)	\$185 per sport
Robotics	JH/HS	\$100 per semester
eSports	HS	\$100 per semester
Quiz Bowl	JH	\$150
Scholar Bowl	HS	\$150
Summer Weights	JH/HS	\$100

Fees for Co-op sports are dependent upon the hosting school or the course fees. Participation fees are not a guarantee of playing

time on a team. CCA athletic fees are collected through your FACTS account. Any questions should be directed to the business office.

VI. HIGH SCHOOL KSHSAA MEMBER EXPECTATIONS

- As a High School, CCA is a member school of the Kansas State High School Activities Association (KSHSAA). This gives us the ability to participate in post-season tournaments and play other member schools. For a full list of rules and expectations, see the KSHSAA website at www.kshsaa.org. This website will give information about transfer requirements, eligibility expectations, post-season tournament dates, and much more. If you have any questions about KSHSAA rules and guidelines, reach out to the CCA Athletic Director.
- CCA is also a member of the Heart of America league ([HOA League Members](#)). League activities include cross country, volleyball, basketball, track and field, fine arts, scholars bowl, quiz bowl, and forensics.
- CCA is not a member of KSHSAA at the junior high level but is a member of the Heart of America league and follows league guidelines for participation.
- Admission will be charged into any regular season CCA home basketball, soccer (HS only) or volleyball contest for JH and HS. Current CCA students and CCA staff and spouse will receive free admission. KSHSAA determines required admission for all post-season tournaments and does not permit free admission to those events, even if hosted at CCA.
 - Adults - \$5
 - Students (K-12) - \$5
 - Pre-K and Under - Free
- KSHSAA Sports Season [Projected Calendar](#)

VII. FACILITIES

- The Lord has richly blessed us with facilities including a gym and a soccer field. Please be a good steward of what we have and use the facilities wisely. Always leave the area cleaner than you found it.
- Use of school vehicles is a privilege, not a right; therefore, please keep them clean and neat.
- We would like athletes to be picked up no later than 15 minutes after practice is completed. Be considerate of the coaches who cannot leave until every student has been picked up.

VIII. UNIFORMS & EQUIPMENT

- Your coach will issue you a uniform before the first contest.
- The cost of lost or damaged uniforms is the responsibility of the athlete and their family. Any uniform that is not turned in 10 days after the season has ended will be considered lost and the family will be charged.
- Uniforms are to be worn only at games. Jerseys may be worn for special spirit/game days approved by the Athletic Director.
- All athletes are required to wear t-shirts and finger-tip length shorts during practice unless practice tanks are required by the coach for practice purposes (Basketball).
- Any loss or damage of school equipment due to neglect or carelessness by the student will be charged to the family.

IX. INJURIES & INJURY PREVENTION

- All injuries or past major injuries must be reported to your coach so that proper aid may be given. Be sure to let your coach know of allergies or long-term medical conditions (asthma, diabetes) that require special attention.
- Conditioning is **your** responsibility prior to the start of the season. Begin easily and work up to a high level of condition so you will be ready for the start of the season. We highly encourage athletes to participate in our summer strength and conditioning program and team camps.

X. ACADEMIC & BEHAVIORAL ELIGIBILITY

To be academically eligible at Central Christian Academy, you must maintain these **minimum** standards:

- **Students must maintain a passing grade in all classes.** At any point during the season, if a student progress report shows that a student is failing a class, that student is ineligible to participate in the next scheduled athletic contest, but may participate in practice. Students who remain ineligible will continue to miss athletic contests until eligibility is restored.
- Cheerleaders will follow the same academic eligibility requirements as athletes.
- Practice may be affected by failing grades at any time with the agreement of the parent and coach.
- If a student-athlete misses three contests in one season due to ineligibility, a meeting with the Athletic Director, Principal and parents will take place to discuss the student-athlete's ability to continue participating with the team.

Detention(s) due to **behavioral issues** (not all conduct card violations are deemed behavioral issues) will be served at the assigned time. If a player misses all or part of practice due to serving a detention, the coach has the right to assign additional team consequences.

Students serving an in-school suspension are eligible to participate in after school activities (practices or games) unless team rules dictate otherwise. Students who serve an out-of-school suspension will miss practices or games on the days the suspensions are assigned or the following day if there is a contest on a Saturday. Students may not attend practices or games on or off CCA's campus during the suspension. ***Any exceptions to this policy must be approved by the Athletic Director and Secondary Principal.***

“No discipline seems pleasant at the time, but painful. Later on however, it produces a harvest of righteousness and peace for those who have been trained by it.” Hebrews 12:11

XI. PHYSICAL EXAMS

Every athlete must have a physical exam signed by a physician AND concussion release form on file prior to participating in the first practice. **Student-athletes can't practice or compete without these forms on file.**

- Turn all paperwork into the Athletic Director or JH/HS Office.
- Physical must be dated after May 1st.

XII. TRANSPORTATION, ELECTRONICS, & COMMUNICATION

- Students will ride in school vehicles unless otherwise specified by the coach.
- When boys and girls are riding on the same vehicle, they will not be allowed to sit together.
- Use of electronic devices before or after contests or while in school transportation will be determined by the coach.
- Electronic devices may only be used for the purpose of listening to music. Texting, watching videos, playing games, etc. are all prohibited.
- When arriving at a game, the players must put all electronics including headphones and airpods away. Athletes may use their phone to contact parents after receiving permission from the coach.
- CCA uses the GroupMe app as the primary form of communication between coaches, players and parents. Students and coaches should never send a direct message to one another without including a parent.
- Parents who would like to take their athlete home after an away event **MUST** sign a check-out sheet.

XIII. LETTERING POLICY

Any High School member of an athletic program may earn a letter by being a member of the team for an entire season. They must adhere to all team rules and regulations, including academic requirements, KSHSAA rules, training rules, practice requirements, and any other requirements established by the head coach. Generally, a student must participate as a consistent contributor in the scheduled varsity contests for the entire season to be eligible for a varsity letter. Additional lettering requirements may vary between activities. Managers and Statisticians may letter if they perform their duties.

XIV. CONCLUSION

In closing, CCA desires that players, coaches, and fans serve Christ by striving to have a Christ-like testimony before, during, and after athletic competition. While the goal of our athletic programs is not geared primarily toward winning, we do desire to do everything with excellence and to challenge students to do their best. If any comments, concerns, or questions arise, please reach out to the school administration.

***** These policies are subject to change during the school year as the administration deems necessary.**